

# 2010 Super Stock Rules

(Grocery Getter)

1. Any Sedan with a minimum wheelbase of 108 inches will be eligible. Station wagons and full size pick-up trucks permitted. Must have 5 lug wheel pattern. No Camaros, Mustangs, or Firebirds.
2. A full roll cage is required.
  - a. Roll cage cannot alter the geometry of the car.
  - b. See diagram for minimum requirements.
  - c. Front rollcage loop permitted. Bracing from front of cage to area around radiator permitted.
  - d. 2 support bars off rear of cage may be welded to rear frame rail on each side.
3. Doors must be welded or bolted closed.
4. Stock Windshield Dimensions must be retained - Lexan or glass permitted.
5. Interior must be stripped. Floorpan to the right of the driver can be raised 8" maximum for muffler and exhaust clearance. Factory driveshaft tunnel must be retained.
6. Racing seat recommended. No fiberglass seats. 5 point racing harness mandatory. Must be installed according to manufacturer's recommendations. SFI tag must be visible. Belts must be no older than 3 years.
7. Hood and trunk lid must be fastened with hood pins.
8. Suspension parts must be stock for vehicle used. Springs must be stock appearing and in stock location and mounts. Front spring spacers between coils and spring pad non adjustable spacers allowed. Weight jack bolts must be non adjustable if installed.
9. Unibody frame link-ups; Unibody cars can link up with 2 inch by 2 inch box tubing, nothing larger. Link-ups cannot extend beyond the current unibody front to rear. Area of link-up limited to the area where no frame now exists. Cannot remove any of stock uni-body frame. Link-up cannot be X'ed from side to side, no side to side bracing in any manner from 2x2 box tubing.
10. Stock appearing shocks must be retained in stock shock mounts. Gas shocks OK.
11. Tires: Hoosier D15 D35 or D55 permitted. Tires must be purchased from Eastside Speedway. Any DOT tire also permitted.
12. WHEELS: A 15x10 inch steel wheel is permitted. Must be a racing wheel. Beadlock wheels OK.
13. All cars cannot exceed over:

- a. GM; 350 cubic inches plus .060
- b. Ford; 351 cubic inches plus .060
- c. Chrysler; 360 cubic inches plus .060

Engine Specs.

1. Rotating assembly can be balanced. Reducing the weight of rotating parts prohibited.

A. Pistons must be same configuration as stock OEM. Flat top only. Must have full side skirts and pin in stock location.

2. Head Rule:

Chevy' 350 head - 70cc min.

1.940 in / 1.500 ex Max.

Ford 351 head - 55cc min

1.840 in/ 1.540 ex Max.

Chevy 305 head - 53cc min

1.840 in / 1.500 ex Max.

3. No removing of casting marks, grinding or polishing of any internal or external engine parts.

4. **Roller rocker arms are permitted.** Poly-locks ok.

5. Rods same as Street Stock. Stock factory rod used for make of engine. Rods can be polished for strength. Combination of rods, pin, pistons and rings must weigh a minimum of 1,000 grams. Lunati 5.7 #LHAF and Eagle 5.7 #SIR5700 are acceptable.

6. Must have stock manufacturers or similar replacement hydraulic cam and lifters.

Cam Shafts- Lift measured at rockerarm

Ford - .270, .270 / Chevy - .270, .283 - Max. Lift

7. Aftermarket Crankshaft allowed but must weigh, and must be stock stroke

a. Ford = 52 pounds. 2. Chevrolet = 50 pounds. 3. Chrysler = 52 pounds.

14. Stock factory carburetor for car used must be in manufacturers line or Keith D Holley 500 2 barrel max 1.25 space with gaskets. Same venturi and baseplate measurements as Sportsman.

15. Only stock factory electrical systems allowed. no aftermarket modifications. Aftermarket coil OK.

16. Automatic or Stock Manual Transmissions allowed. Must have factory original case. No aftermarket transmissions. Manual transmission must have all operable forward and reverse gears. Clutch and flywheel must be OEM style. No aluminum flywheels. 10" OEM clutch plate minimum. Automatic transmission must have working torque converter. Standard transmissions must have a blow proof bellhousing in place.

17. Must have stock rear ends. **Stock 9" Ford ok.** No floator axles any passenger car rear end. Must have stock OEM trailing arms.

18. Aluminum radiator permitted in stock location.

19. Gas Tanks: FUEL CELL HIGHLY RECOMMENDED. Fuel tanks can be relocated to a sealed trunk area and mounted properly.

20. Battery can be relocated in an enclosed box with a cover in the right front floor pan or in the trunk area.

21. Air cleaner; Any air cleaner permitted.

22. **Weight:**

**3050# - Automatic transmission**

**3100# - Standard Transmission**

**A. Speedway reserves the right to add weight to any car winning 3 or more races to equalize competition. Weight may be required to be placed in a specific location on the car.**

23. Car numbers must be 20 inches tall. No 3 digit numbers or letters allowed. **Check ahead of time to make sure you do not have a duplietae number.**

24. Must have NASCAR type window net.

25. Must have Snell 95 helmet. Must have fire proof driver jacket and pants. Neck collar and fireproof gloves required.

26. All chrome removed. No air cleaners thru hood.

27. Exhaust:

**Aftermarket headers allowed. No stainless steel headers.**

**Mufflers: Schoenfeld #92535 must be securely mounted to the exhaust. Loss of header will result in disqualification. Muffler must be as manufactured.**

28. Points go to driver only, NO team points.

